

RASC NEWSLETTER

Annual General Meeting

All parents and guardians of swimmers are invited to attend the Club's Annual General Meeting at 7.00 pm on Thursday 17th June. The purpose of this meeting is to provide you with information on how the Club is run and to give you a say in electing the committee for the coming year.

The AGM is also an opportunity for you to ask any questions or raise any concerns. In order to allow as many people as possible the opportunity to attend, the meeting will take place at the sports centre while training is taking place in the pool.

The club is run by a committee, made up mainly of parents of swimmers, who give their time on a voluntary basis. The committee is always looking for new volunteers so if you would like to join the committee or can help the club in any other way then please let a committee member know.

AGM Agenda

1. Introduction from the Chair.
2. Report from the Head Coach.
3. Financial Report from the Treasurer.
4. Election of the Committee for the coming year.
5. Any other business.

Sponsored Swim

Well done to all the swimmers who took part in the recent sponsored swim. Sponsor money is still being collected and the total will be known shortly.

Fundraising is an important activity for the Club and the money raised allows us to buy essential equipment and to fund events such as the Rutherglen Rush and the Club Championships.

Tesco Vouchers For Clubs

The Club is collecting Tesco vouchers for clubs to exchange for equipment. This promotion only has a couple of weeks to go, so any vouchers you have collected should be handed in at the club desk.

Rutherglen Rush

The "Rutherglen Rush" will take place at the pool on Saturday 5 June. This is a fun competition for club swimmers from all squads.

The majority of events involve one length of the pool and there will be ribbons awarded for the fastest swimmers in each age group and stroke. Entry to the gala is free but swimmers must register at the sports centre at 3.00pm on the day to be able to compete. The warm up will begin at 3.30pm and the gala will be finished by 6.00pm.

In addition to the usual water bottle, swimmers attending the gala should bring an extra towel and a t-shirt.

The ribbons will be awarded that evening at a Disco which will take place from 7.00pm at the Eastfield Community Centre on Dukes Road. Entry to the Disco is also free but please note only swimmers that take part in the gala can attend the Disco unless they have the approval of the Head Coach.

A buffet is being arranged to feed the hungry swimmers on arrival at the Community Centre and each parent should bring a contribution such as a plate of sandwiches or cakes etc. As usual there will be a tombola at the disco and we would appreciate any donations of prizes.

Open Water Swimming

The first open water training session of the year will take place at the Gourock pool on Monday 24th May from 18.30 until 20.00. Arrangements are being made for swimmers to travel by train and details will appear on the notice board shortly.

Summer Training Schedule

The club now gives swimmers the opportunity to maintain and improve their fitness levels through the school summer break by continuing training sessions. Please watch the notice board for details.

